

Ms. Nichelle A. Alderson, MSW, LICSW

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PERSONAL DATA

Age: 40

Birthplace: Seattle, Washington

EDUCATION

UNIVERSITY OF WASHINGTON SCHOOL OF SOCIAL WORK

Master of Social Work (MSW), December 2007

UNIVERSITY OF WASHINGTON

Major in Sociology; Minor in Law, Society, & Justice, June 2006

SEATTLE CENTRAL COMMUNITY COLLEGE

Running Start student 1996-1997. Transferred to UW, January 1997

EMPLOYMENT

iNfinitely Well Holistic Wellness PLLC

Seattle, WA

Owner, Clinical & Forensic Social Worker and Nutritional Therapist

2012 - Present

Provide nutritional therapy and clinical psychotherapy for individuals seeking support with physical emotional and behavioral challenges. Provide forensic social work and mitigation related services including: Advocacy for felony, dependency, persistent offenders (3-strike), and sex offender clients; Advise attorney of clinical assessments/opinions; Conduct home studies and safety plans, psychosocial assessments reports, suicide risk and competency screenings, substance abuse assessments, mental health evaluations, and diagnosis; Manage private practice business including scheduling, financial, administrative duties, and marketing. Supervise Interns, Externs, and Associates.

iNfinitely Well LLC (formerly Nichelle Alderson LLC)

Seattle, WA

Executive Director, Wellness Broker, Life Coach

2012 - Present

Provide Life, Health & Wellness coaching and consultation. Facilitate groups and workshops. Coordinate collaborations and partnerships. Manage private practice business including scheduling, supervision, financial and administrative duties, and marketing.

iNfinity's Events

Seattle, WA

Owner, Artist

2004-Present

Production and promotion of live entertainment and cultural events; Event hosting and artistic performance; Talent management; Website and graphic design; Accounting and financial operations.

University of Phoenix

Tukwila, WA

Faculty Instructor

04/12 - 08/16

Teach undergraduate student in Behavioral Health and Human Services courses. Assess and evaluate performance of students based on learning and course objectives. Develop syllabus, course policies, and prepare course materials.

The Defender Association

Seattle, WA

Forensic Social Worker/Mitigation Specialist

07/07-01/12

Social Work Intern

10/06-07/07

Investigator Intern

09/05-01/06

Forensic Social Worker: Advocate as part of the legal defense team for felony, misdemeanor, dependency, involuntary treatment commitments, and sex offender clients; Develop rapport, interview clients, and provide psychosocial assessments reports to the courts. Conduct home studies, safety plans and reports; Perform suicide risk and competency screenings; substance abuse assessments; mental health evaluations; and diagnosis; Make referrals; Interpret records and arrange expert evaluations.

Investigator: Locate, prepare questions for and interview witnesses of diverse backgrounds; Investigate crime scenes by taking photographs, drawing diagrams, and examining evidence; Serving subpoenas; and running criminal history checks.

Children's University Medical Group **Seattle, WA**
DSHS/Healthy Options Specialist 11/98-2/04
Medical claims collections for DSHS clients; Customer service and direct communications with physicians, patients, and insurance companies; Problem solving for claim processing and payment and appeals.

Payless Drug Store **Seattle, WA**
Licensed Pharmacy Technician Level A 02/94-10/97
Assisted Pharmacist to accurately administer prescriptions; Handled insurance billing and complications; Provided customer service to a diverse population of public; Cashiering.

LICENSURES AND TRAINING CERTIFICATIONS

- Licensed Independent Clinical Social Worker License (LICSW) Credential #: LW60237229
- Approved Clinical Supervisor, Washington State
- Certified Nutritional Therapist, Nutritional Therapy Association
- Certified Professional Life Coach, Impact Coaching Academy
- Certified Health & Wellness Coach, Impact Coaching Academy
- Certified Law of Attraction Advanced Practitioner, Global Sciences Foundation
- Mindfulness Based Stress Reduction Training, PESI
- Positive Psychology Workshop Certificate, University of Phoenix
- Integrated Movement Therapy Basics Training, Samarya Center
- Dialectical Behavioral Therapy Skills Training: Distress Tolerance and Emotion Regulation Modules
- Pharmacy Technician Certification Credential #: VA00022556 10/1996-12/2011

CONFERENCES, WORKSHOPS AND TRAININGS ATTENDED

- Trauma Stewardship Institute, 2016
- Mindfulness Based Stress Reduction, PESI 2016
- Clinical Supervision: Theory and Practice, NASW 2016
- Understanding the Gut Brain: Stress, Appetite, Digestion, and Mood, Institute for Brain Potential 2015
- University of Phoenix, Positive Psychology Workshop 2014
- National Association of Black Social Workers Annual Conference 2007-08, 2010-11, 2013, 2015-16
- Red Cross Disaster Preparedness Training 2013
- Hope Beyond Prison Training 2011
- Military Trauma Conference: Serving Returning Veterans 2011
- Recovery & Resilience: Stepping Stones to Wellness 2011
- Responding to Vicarious Trauma 2011
- Motivational Interviewing for Mental Health Disorders 2010
- Evidence-Based Treatment for Ethnic Minority Youth 2010
- Brain Science as a Means of Understanding Delinquency and Substance Abuse in Youth 2010
- Understanding Schizophrenia and Bipolar Disorder 2010
- Cycle of Addiction Training 2010
- Seattle/King County Gang Prevention & Outreach 2010
- Neuropsychiatric Aspects of Physical Disease 2010
- National Organization of Forensic Social Workers Annual Conference 2010
- DBT for Multi-Disordered Clients 2010
- Legal Writing for Mitigation 2010
- Adult Cross Agency Systems Training (CAST) 2009
- WA State Co-Occurring Disorders Conference 2009
- Let's Get Free: A Discussion on Recent Issues in the Criminal Justice System 2009
- The Use of a Mitigation Specialist in Resolving Serious Felony Cases Training 2009
- Competency Issues Training 2009
- Transgender legal issues and transgender awareness training 2009
- Dealing with Personality Disordered Clients Training 2009
- Compassion Fatigue Prevention & Resiliency Training 2009
- Anti-bias training for Public Defenders 2007
- Prevention of Burn out and Vicarious Trauma Training 2007

RESEARCH

RACIAL DISPARITIES IN CRIMINAL JUSTICE SENTENCING 01/07-7/07
Evaluation of the effectiveness of social work intervention in reducing racial disparities within the criminal justice system in terms of sentencing.

TRANSFORMATION AND EFFECTS OF URBAN SOCIAL CONTROL 06/05-6/06
Sponsored by University of Washington's (UW) Ronald E McNair Presidential Fund. Supervised by Professor Katherine Beckett, Department of UW's Sociology, and Law, Society, & Justice Programs.

MEMBERSHIPS AND AFFILIATIONS

International Coach Federation (ICF) 2016-Present

International Association of Trauma Professionals (IATP) 2016-Present

National Association of Black Social Worker (NABSW) 2007-Present

National Association for the Advancement of Colored People (NAACP) 2009-Present
Seattle King County Chapter Executive Board Member, Health Chair 2009-2010

National Association of Social Workers (NASW) 2009-Present

African American Parents & Community Action Team (AAP/CAT) 2009-2011

Washington Association of Criminal Defense Lawyers (WACDL) 2009-2011

National Organization of Forensic Social Work (NOFSW) 2007-2011

VOLUNTEER/COMMUNITY SERVICE

FAVOR **Seattle, WA**
Crisis Intervention Therapist, Consultation, Project Management 2007-2011
Provide crisis intervention and brief therapy to men, women, children and families. Provide professional consultation. Organizes annual food drive and dinners to feed homeless community members.

Black History Month Film Festival **Seattle, WA**
Project Manager 2004-2008
Organize the full production and promotion of an annual youth film festival held at the Rainier Valley Cultural Center during Black history month.

WashPIRG **Seattle, WA**
Community Service Learning Project Web Developer 03/05 - 07/05
Develop, update, and maintain a functional user-friendly web site; Coordinate with officers for web content access; Use rhetorical writing skills to enhance the websites appearance for a diverse audience.