## INFINITELY WELL HOLISTIC WELLNESS



## Holistic Mental Health Student Internship

Term: 9-month commitment, 12-16 hours/week This is a non-paid Internship

This is a nine-month internship is designed for Master's or Bachelor's degree students of color in social work or other related fields, to gain experience and exposure to the use of holistic clinical skills in a POC centered, private practice setting.

Interns will assist with individuals, couples, and/or families that match the Interns skill sets, learning goals and degree program requirements. Additionally, students may assist with project planning, organizing and co-facilitating groups/workshops, and/or support with staffing meetings and consultation. General responsibilities and duties may include: administrative duties including answering phone calls and email correspondence, scheduling, invoicing, and marketing, general office maintenance and upkeep.

Student Interns assist with case management, referral coordination, documentation, and record maintenance; development and monitoring of treatment plans, interventions and treatment evaluation; and research. Interns with training and experience may conduct client screenings, support with intake assessments, and provide co-therapy with appropriate clients.

The Intern will have the opportunity to explore the use of various clinical treatment modalities and theories with clients as appropriate. Additionally, trainees will be exposed to learning the in's and out's of what goes on behind the scenes of managing a private practice.

This internship is designed to foster the advancement of social justice through health and wellness advocacy for unique challenges facing communities of color. iNfinitely Well aims to train and empower students from underrepresented economic, racial and ethnic minority groups.

iNfinitely Well attempts to provide training experiences that meet the individual needs and goals of each Intern. The overall objective of the Internship program is to help each student develop a clearer professional identity, more advanced clinical skills, as well as experience in a private practice setting. Interns receive weekly individual supervision and will present clinical work in case consultation groups.

The ideal applicant is a student of color who is: eager to learn; flexible; creative; organized; dependable; detail oriented; able to work autonomously and under pressure; and is culturally competent and conscious. Must have computer and internet access and experience, and be Internet and social media savvy. Experience and/or interest in topics related to: nutrition, health & wellness, diversity/multiculturalism, community building, social justice & advocacy, and art are a plus!

Master's or Bachelor's degree students in social work or other related fields are welcome to apply. Must maintain student eligibility for duration of internship. Must pass a background check and sign a privacy policy and a confidentiality and intellectual property clause agreement.

## **Application Process**

Interested candidates should submit the following materials:

- A self-descriptive cover letter explaining reasons for interest in this setting
- Resume covering relevant clinical work, training, and research experience
- Summary of completed/planned coursework
- Official or unofficial transcript

- Previous clinical experience
- Previous consultation/outreach experience
- Summary of non-classroom learning experience
- Three (3) letters of reference (one from a current/most recent supervisor)
- Statement of professional interests and goals with specific mention to how this placement experience fits in.

Materials should be emailed to the following address: infinitelywell@gmail.com

## **Selection Process**

In choosing applicants, references, previous counseling experience, unique clinical skills, and the professional needs of both the applicant and the organization are considered. In addition, academic achievement, consulting/outreach experience, and non-classroom learning experience are also taken into consideration. The most qualified candidates will be invited for an in-person interview. Final selection will be made on the basis of the application, interviews, and best fit for the organization.